

ADDITIONAL CONSIDERATIONS

Please inform us if you have any allergies (asthma, eczema, hay fever, hives, etc.), especially allergies to medication. Also inform us of any reactions or problems you have had in the past with any type of anesthesia, tape, or antibiotic ointment.

It is important that you inform us if you have mitral valve prolapse (heart murmur), an artificial heart valve, pacemaker, artificial joints, or are required to take antibiotics prior to surgery.

Do not consume alcohol during the 72 hours prior to and after surgery, as alcohol can make you bleed more easily.

LOCAL ANESTHESIA

All of the procedures done in our office are under local anesthetic, you are able to eat regular meals.

MOHS SURGERY

You will be here for the morning and potentially into the afternoon.

ADVANCED DERMATOLOGY CARE

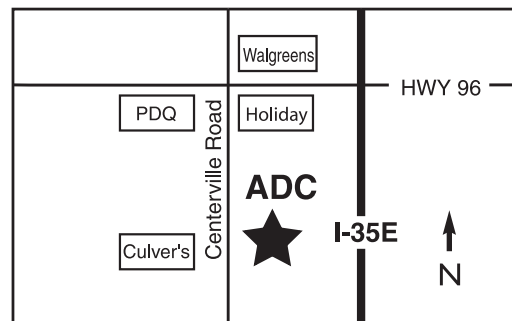
Medical, Cosmetic and Surgery, P.A.

~ Established in 1993 ~



*A Partner in Your
Skin Care Needs*

SURGERY INFORMATION



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www.ADCderm.com

This brochure provides the general information you will need in order to prepare for your surgical procedure. We at **Advanced Dermatology Care (ADC)** would like your procedure to be as pleasant and productive as possible. Our healthcare providers and staff have extensive experience using state of the art equipment and procedures, and are dedicated to serving your needs. By following the instructions in this brochure, you can contribute to the success of your surgery.

Much of the information contained in this brochure will be discussed with you prior to your surgery. Additional instructions specific to your procedure will also be discussed with you at that time.

We encourage you to ask questions so that you are clear as to what you are required to do both before and after your surgery. For your safety, it is imperative that you follow all of the instructions regarding eating, drinking, and the use of medication. If at any time you are not sure about what you are or are not allowed to do, please ask.

SURGERY CENTERS

Our healthcare providers perform surgery primarily at **ADC** in our out-patient surgical suites.

Dr. O. J. Rustad also performs surgery at several locations in the Twin Cities area. These locations include St. John's Hospital, United Hospital, Ritchie Medical Center in St. Paul, and Fairview Lakes in Wyoming.

The choice of surgery center for your procedure is based on any special needs of our patients, availability of required equipment, costs, and convenience.

SCHEDULING APPOINTMENTS

Appointments can be scheduled by calling our **ADC** office. You must call within three months of your most recent office visit in order for us to schedule your surgical appointment to make sure we have your most up-to-date health history.

PROCEDURE

- ___ Electrodesiccation & curettage
- ___ Vertical excision and closure
- ___ Mohs
- ___ Other _____

If your appointment has already been scheduled, your appointment time is:

at _____ am/pm

on _____

at White Bear Office _____

The approximate duration of your procedure will be

30 min. 60 min. 90 min. Morning

Other _____

Please arrive in our office at least 15 minutes prior to your surgical appointment for surgeries being performed at **ADC**. If your surgery is not being performed at **ADC**, please arrive at the surgery center at least 1/2 hour prior to your scheduled appointment time, or longer per the requirement of the facility. This will allow you time for registration while keeping the day's surgery schedule on time. If you are late, your surgery may need to be rescheduled for a later date.

If you are scheduled for a cosmetic surgical procedure, payment of the surgical fee may be required two weeks prior to the procedure. The amount due to **ADC** for your surgery is \$_____ plus MinnesotaCare health insurance tax. There may be additional costs if the procedure is done at another health care facility and those costs can be estimated by calling that facility. If payment is not received, your procedure may need to be rescheduled.

MEDICATION GUIDELINES

It is important that you provide us with a complete list of the prescription and over-the-counter medications that you are currently taking. Several medications & supplements inhibit blood clotting, making the surgery and recovery time more difficult. Other medications may interact with anesthesia and cause severe complications.

Do not use aspirin, anti-inflammatory medications, or blood thinners prior to surgery unless authorized by your healthcare provider.

The following table lists the number of days prior to surgery that you must discontinue taking various pain-killing and anti-inflammatory drugs:

DRUG	BRAND NAME	# of Days
Aspirin	generic	7
Clopidogrel	Plavix	14
Coumadin	Warfarin	7
Diclofenac	Voltaren	2
Diflusal	Dolobid	2
Etodolac	Lodine	2
Fenoprofen	Nalfon	1
Flurbiprofen	Ansaid	1
Ibuprofen	Advil, Motrin	1
Indomethacin	Indocin	2
Ketoprofen	Orudis	1
Ketorolac	Toradol	1
Meclofenamate	Meclomen	1
Nabumetone	Relafen	5
Naproxen	Aleve, Anaprox, Naprosyn	3
Oxaprozin	Daypro	10
Piroxicam	Feldene	10
Sulindac	Clinoril	4
Ticlopidine	Ticlid	10
Tolmentin	Tolectin	1
Vitamin E	generic	14

If your doctor recommends that you continue taking one of the above medications, please notify us prior to your surgery.

The medications listed should not be taken for one week after surgery unless okayed by the healthcare provider.